

Healing Hotels offers virtual retreat for those in need of healing in America and Europe

Two-day interactive retreat features international healing masters



Cologne, Germany, June 17, 2020 -- Anne Biging and Elisabeth Ixmeier, Co-Founders of Healing Hotels of the World, have partnered with five internationally recognized healing and body work leaders to create a fully immersive two-day virtual retreat.

The retreat – which will take place on Saturday, June 27 and Sunday, June 28, from 9:00 a.m. to 2:30 p.m. Eastern Daylight Time – is limited to 15 people in order to facilitate an intimate group setting. Participants should expect profound awakening for their entire being, with master teachers and healers using their skills to help them gain new insights and self-awareness, and experience a deep connection to their true selves.

In observance of the dire toll the pandemic has taken on people in the US, Mexico and Canada, Healing Hotels of the World is providing a special opportunity. Purchase admission for someone who is truly in need of this weekend - someone affected by COVID-19 (maybe a hospital, frontline or essential worker). The price for admission for the weekend is USD 425. Gift that individual with this retreat and join your companion for a total of USD 700.

“This retreat will transform your surroundings into a digital temple for two days,” says Anne Biging, Co-Founder of Healing Hotels of the World. “You will find a place of peace and contentment within yourself, and our expert healers will help you experience a refreshed state of mind, with renewed joy in each cell of your being.”

The group of five healers has worked with the Healing Hotels of the World team over the years, and their sessions will comprise different techniques, exercises, meditations and even cooking sessions and mindful eating lessons. The healers include a vibrational therapist, energy alchemist, life coach, yogi, meditation teacher, and movement therapist who integrates teachings from the Gyrokinesis® Method.

“We believe our healers will help participants go about their lives with a new sense of awareness of the true richness and beauty of life, even amidst the current world circumstances,” says Elisabeth Ixmeier, Co-Founder of Healing Hotels of the World.

This is the second virtual retreat that Healing Hotels of the World has offered since the COVID-19 pandemic began; the first one, held in May, attracted 14 participants from 10 different countries: Senegal, Kosovo, India, Italy, Russia, Singapore, Japan, Germany, China and France.

Feedback from participants was overwhelmingly positive:

“I shared two days with people full of positive energy,” says Fedra Mainetti. “The meditations on intentions and the work done on how to defeat fears, transforming them into energy of hope, is still so present in my heart and mind.”

“I cannot think of any virtual experience that has brought such honesty, soul-searching, wonder, learnings and love than the inaugural Healing Hotels retreat has done,” says Corinna Yap. “A truly healing experience at the time when we need it the most.”

Your Guides:

Velleda Dobrowolny

Velleda is a certified life and business coach and a trainer for leadership and authentic communication. She is also a renowned meditation teacher, traveling regularly to India for studying and teaching. Her sessions on self-awareness meditation support people to draw strength and wisdom from within, taking the mind to the heart. Working with peoples’ intentions over the last ten years, she provides a clear method to overcome inner and outer obstacles to fulfilling one’s projects and dreams.

Elizabeth Cocoann Galis

Coco is an internationally recognized executive advisor and energetic alchemist. She offers deep transformative energy work by uncovering and deciphering subconscious themes within your life and business. With an undergraduate degree in pedagogy and dance, a masters in energy work, and over 4,000 hours of study in cross-cultural healing art modalities and esoteric wisdom, Coco brings a unique and powerful lens to the world. She is philanthropically motivated, currently exploring the impact of generosity as the main driving force of her businesses and mentorships.

Sharada Rumi

Sharada is of Thai origin from a tiny remote village in northern Malaysia and is now residing in Melbourne, Australia. Her spiritual journey into meditation began at the age of 13. Surrounded and trained by ancient wisdom that was beyond modern comprehension, daily miraculous phenomena were accepted as a norm. Her passion is the lifelong quest for tools to reclaim an ancient power that maintains youthful bodies, opens the heart, stills the mind, heals on the deepest level and integrates the physical and spiritual self.

Gary Joplin

Gary integrates dance, breath, voice, ritual and music into his own unique method to open you to deeper levels of awareness within your own body. He integrates the teachings of the Gyrokinesis® Method with over thirty years of experience in the professional world of theater and dance. His work gives deeper inner awareness and opens the door to an expanded sense of physical, emotional and energetic well being. He conducts training courses in body-mind cognition and development in Europe, Israel, China and the United States.

Sandeep Argawalla

After living the life of a yogi, Sandeep studied at the prestigious Bihar Yoga Bharti and received an MA in Yoga Physiology. He is a passionate proponent of traditional Hatha Yoga and believes in the symphony of asanas, conscious breathing and mindfulness to create a unique balance. He has helped in developing various wellness programs at the Healing Hotel Ananda In The Himalayas, the most recent one being Dhyana.

REGISTRATION AND COSTS:

The price for this interactive two-day virtual retreat is **USD 425 per person.**

Our Special Offer: We recognize that some have been hit hard by the COVID pandemic, and would love this healing retreat to be made available to someone who is truly in need. With that, we invite you to identify someone who would benefit greatly from this healing retreat and purchase admission for that individual (perhaps someone who has dealt with the virus or cared for a family member, a hospital or frontline worker).

Sponsorship Admission (2 people): USD 700 total.

Space is limited to 15 participants.

To attend, please RSVP to meetyou@healing-hotels.com or book via

<https://healinghotelsoftheworld.com/retreats/a-journey-to-your-inner-place-of-power/>

You will then get your Zoom link and the workbook. For more information, please email anne.biging@healing-hotels.com or call +49 (0) 22120531175 / WhatsApp

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About Healing Hotels of the World

Healing Hotels of the World is a member-based global brand, encompassing more than 100 of the best healing hotels and resorts around the world. As a leader in the field, Healing Hotels is the first and only global brand of quality member hotels devoted to profound individual change through evidence-based modalities dedicated to healing. Hotel partners follow rigorous standards and criteria, ensuring that wellness for each guest is taken to a deeper dimension through singularly crafted holistic healing programs. For more information, visit healinghotelsoftheworld.com.