

Healing Hotels of the World hosts free 45-minutes Master Class



Dr. Marian Alonzo and Sarah Livia Brightwood on Healing Guest Journeys



Cologne, Germany, July 2, 2020 -- Healing Hotels of the World is continuing its online healing programming during the COVID-19 pandemic with a new Master Class inviting two of the most well-respected women in the healing and wellbeing industry.

Sarah Livia Brightwood, President of Rancho La Puerta in Mexico, and Dr. Marian Alonzo, Medical Chief at the The Farm at San Benito in the Philippines, will share their wisdom during the 45-minute session. Both Rancho La Puerta and The Farm at San Benito are members of Healing Hotels of the World, and the two women will detail what a typical healing guest journey looks like, explain what constitutes a healing journey at each of the locations, and discuss what guests need and want right now when it comes to healing.

The session is free, and will take place on Tuesday, July 14 from 4:00 pm - 4:45 pm German time.

“These two women are pillars of healing, and each of their properties exemplifies what it takes to embrace transformative healing lifestyle solutions,” says Anne Biging, Co-Founder of Healing Hotels of the World. “They are both such beautiful souls, with so much to share, and we are very lucky to have the chance to hear their thoughts.”

Sarah Livia Brightwood is the daughter of Rancho La Puerta’s founders, Edmond Bordeaux Szekely and Deborah Szekely, and her love of the earth has shaped her life’s work. In addition to her role as President of the world-renowned destination Rancho La Puerta, she cares for the 80 acres of gardens at the Ranch, which she created 30 years ago and has nourished to their present state. She is also President of Fundación La Puerta, through which she guides Rancho La Puerta's non-profit work in the region, and in

2007, she designed and opened La Cocina Que Canta at the Ranch, a culinary center and cooking school dedicated to teaching healthy eating.

Dr. Marian Alonzo serves as Medical Chief at The Farm at San Benito, and is a specialist in Integrative Medicine. She is passionate about the principles that connect different streams in healing, including art therapy, behavioral biochemistry and healing movement. She also researches the science of miracles and the energetic flows between different bodily organs to support the medical management of modern-day lifestyle illnesses, including autoimmune diseases, pre-psychiatric mental emotional concerns, recovery from trauma and chronic pain management.

“We are so privileged to have these two strong, insightful women to share their insight with us,” says Elisabeth Ixmeier, Co-Founder of Healing Hotels of the World. “Both Rancho La Puerta and The Farm at San Benito are true healing destinations, and the combined wisdom and knowledge that Sarah Livia and Dr. Marian possess is truly amazing.”

Those interested in the Master Class should RSVP beforehand to meetyou@healing-hotels.com to receive log-in details.

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About Healing Hotels of the World

Healing Hotels of the World is a member-based global brand, encompassing more than 100 of the best healing hotels and resorts around the world. As a leader in the field, Healing Hotels is the first and only global brand of quality member hotels devoted to profound individual change through evidence-based modalities dedicated to healing. Hotel partners follow rigorous standards and criteria, ensuring that wellness for each guest is taken to a deeper dimension through singularly crafted holistic healing programs. For details, visit <https://healinghotelssoftheworld.com/>