

## Hotel Le Cep joins Healing Hotels of the World

New Healing Hotel with focus on Ayurveda in Burgundy







A unique combination of European history with the Ayurvedic healing philosophy

11 October, 2022, Cologne, Germany -- Hotel Le Cep & Holistic Spa Marie de Bourgogne in France has just joined Healing Hotels of the World as its newest member. The hotel includes a charming collection of several mansions from the 14th to 16th centuries with historical gardens and courtyards. Additionally, the Ayurvedic Centre offers a customised treatment program created in consultation with an Ayurvedic doctor and ranging from half-day sessions to weeks-long retreats.

Hotel Le Cep is located in the mediaeval town of Beaune, in the heart of Burgundy, surrounded by picturesque vineyards. It is an ideal base for exploring the region's castles or taking part in an art festival. Guests can also head along the Route des Grands Cru to experience the mystical charm of the hills and visit some of the more than 600 winemakers.

The historical mansions accommodate 70 rooms, 38 of which are suites and have more upscale amenities. In addition to a gourmet restaurant, there is also an Ayurvedic / vegetarian restaurant available for dining.

"Hotel Le Cep is a unique combination of European history with the Ayurvedic healing philosophy that embraces 5000 years of knowledge. You can enjoy the beauty of Burgundy and at the same time go on a deep healing journey," says Anne Biging, Co-Founder of Healing Hotels of the World.

The Holistic Spa Marie de Bourgogne features 3 yoga spaces, a sensory shower, a sauna, hammam and 12 treatment rooms. In the latter, various therapies, such as massages, facials, cryotherapy and chromotherapy are offered.

Besides the treatments at Holistic Spa Marie de Bourgogne, the hotel also offers activities such as yoga and forest bathing. Those who want to make a more extensive tour of the region can take advantage of the e-bikes or 6-Person quads offered by the hotel.

"The authenticity of the Ayurvedic treatments and the attention to detail and French hospitality make Hotel Le CEP unique in their offering," says Elisabeth Ixmeier, Co-Founder of Healing Hotels of the World. "We are very pleased to have this special property join Healing Hotels of the World."

## **About Healing Hotels of the World**

Healing Hotels of the World is the pioneering global brand committed to healing hospitality. Founded in 2006 by Anne Biging and Dr. Elisabeth Ixmeier, the member based collection of 90+ of the best Urban and Resort Healing Hotels around the world brings holistic healing travel based on specific Healing Excellence Standards to life. Member hotels are Healing Certified, ensuring that the wellbeing of each guest is taken to a deeper dimension through their holistic program offering. Healing Hotels of the World provides expert consulting and training, empowering hoteliers to fully embrace the healing guest experience. With the online magazine JUST BREATHE MAG and the yearly HEALING SUMMIT, the leading event for the healing hospitality and holistic lifestyle community, Healing Hotels of the World has found unique ways to express and share its vision of enabling travel guests to become whole in body, mind and soul.

www.healinghotelsoftheworld.com

## **Hotel Le Cep Website**

**WEBSITE** 

To find selected photo material accompanying this press release, please click here.

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