

## F.R.I.E.D.A. - with the power of nature

Get peace, relaxation and energy in your bedroom













#### F.R.I.E.D.A. - with the power of nature

F.R.I.E.D.A. "Ruhe" (rest) & F.R.I.E.D.A. "Kraft" (Strength) are ergonomic, 6-way heightadjustable neck support pillows with a special pillowcase.

The pillowcase made from BIORHYTMIC Sleep material, contains minerals found in natureand known for their energy content. They are aligned in a specific geometric composition. Factors such as stress in everyday life, hard work, lack of sleep and fatigue causedisturbances in the body. The minerals release their energy, which activates the meridians (energy pathways) of the body through impulses for a better sleep environment and promotes communication withinthe body. This helps to relieve stress while you sleep. The goal of F.R.I.E.D.A. is to regulatepoor internal body communication, which is one of the causes of poor sleep. The naturalbiorhythm of the body is regulated. Relaxation and regeneration occur in the entire system.



- elastic memory foam super soft
- breathable
- super sleeping climate
- optimale nacksupport
- 6-way height adjustable
- subtable for allergies
- washable 30 degrees (pillow cover)
- Size: ca. 56 x 30 x 7-12 cm
- Cover: 100% PES with minerials
- Pillow Cover Biorytmic Sleep fabric

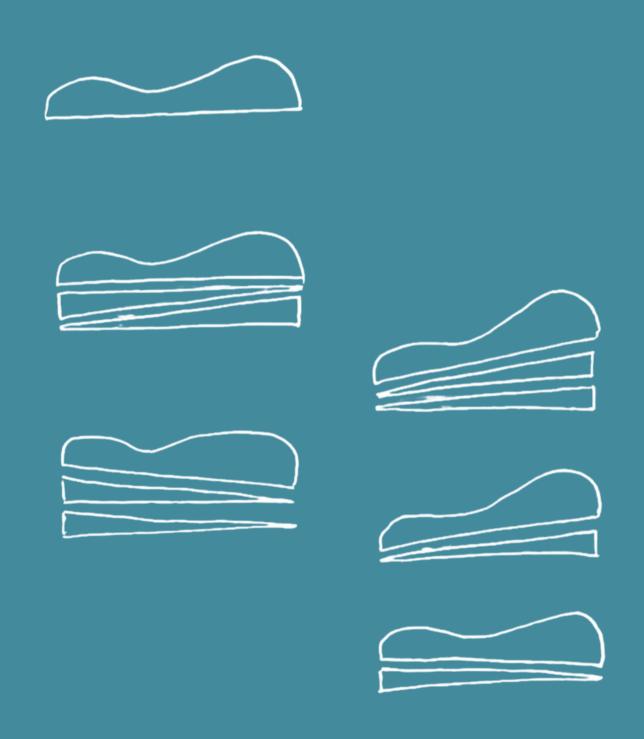
F.R.I.E.D.A. - RUHE

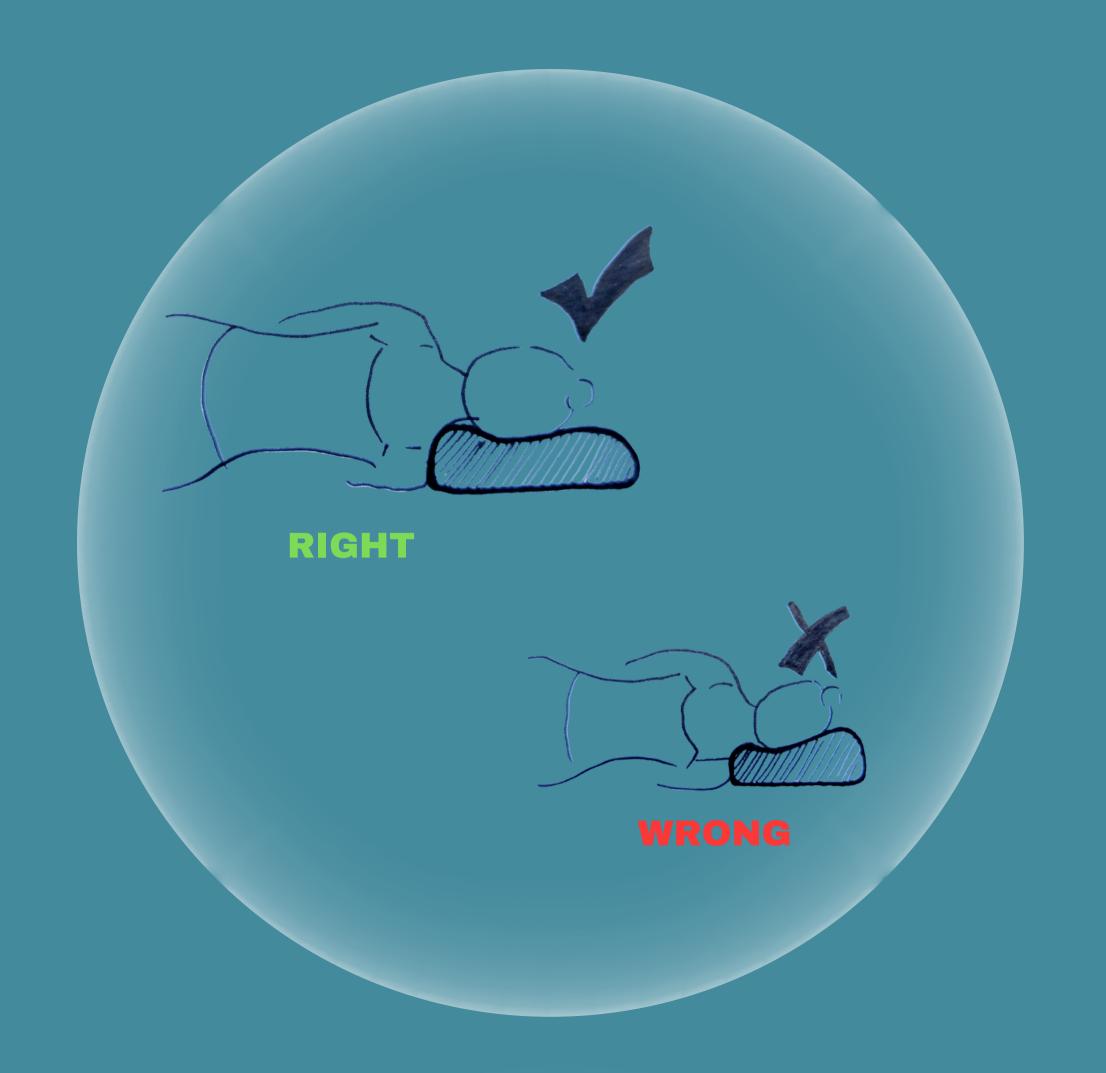


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F.R.I.E.D.A. - KRAFT

# 6 Variants







### Minerals and Biorytmic Sleep

Biorytmic Sleep is obtained by bringing together minerals found in nature and having a certain energy in a certain

geometric structure. The communication disorder in the body caused by many situations such as stress in daily life, intense work tempo and fatigue is to

regulate during sleep with Biorytmic Sleep

In addition, the effect of Biorhythmic mattress fabric on stress during and after sleep has been investigated with the EDA (Electrodermal Activity) method

and it has been proven to be effective in reducing stress.

#### **Edit Your Biorhythmic**



The human body, with its perfect structure, is a miraculous mechanism that has been tried to be solved for centuries. This mechanism is a set of systems

consisting of tissues and organs that maintain their vitality through various chemical and physical events. A healthy, harmonious and balanced body is

ensured by the good communication of body systems. Feeling sleepless, stressed and stressed is the result of lack of communication in the body. This

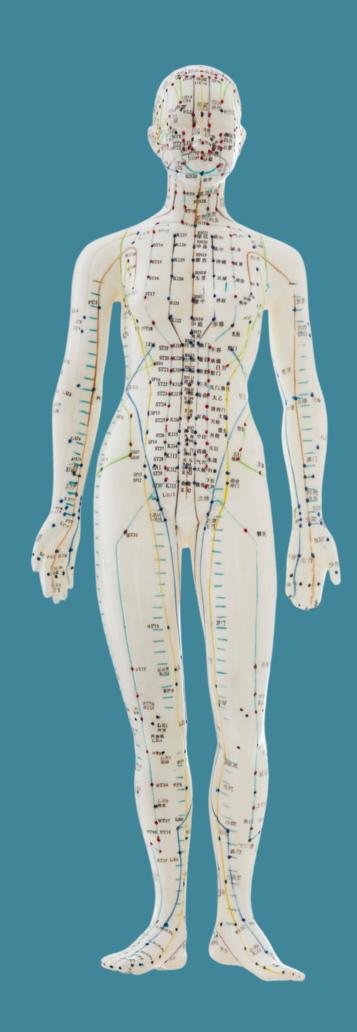
communication in the body is provided by the body meridians. These meridians are communication channels located on the surface of the body.

Many alternative therapy methods such as movement therapy, meditation, stone therapy and acupuncture have been developed to regulate

communication within the body. The common point of these various approaches is to contribute to the person's feeling better and renewed by

supporting the communication in the body. As in acupuncture and stone therapies, we, as Boyteks, developed the Biorytmic Sleep mattress fabric by

making use of special minerals in nature in order to support body communication and contribute to the relaxation of the human body.



## Meridiane

#### Inportance:

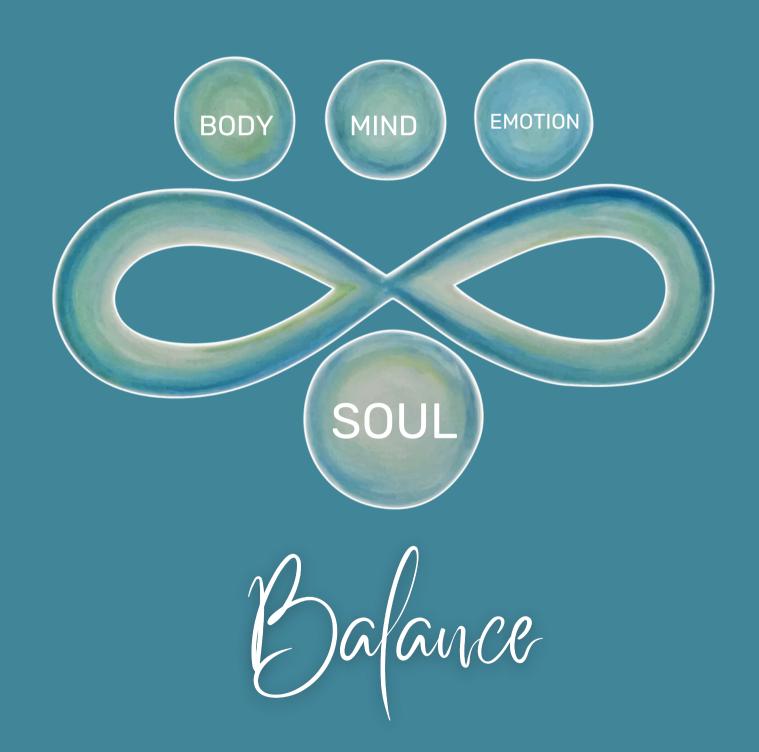
- QI or life energy flows through the Meridians
- 6 Yin / 6 Yang meridians
- 2 special meridians / on the Front and back of our body
- the acupuncture points are located on the meridians
- each meridian has a specific task and function
- the meridians are assigned to organs, muscles and emotions



# Zymbol Meaning

Tibetan eight, Lemniskate or infinity sign is known from

tibetan medicine and many other culture.
The energy flows that bring our powers Ingo
Balance and have an equalizing effect. The
lying eight should remind you of the eternaly
flowing Rhythm of nature. Inhale-exhale,
inside-outside, give -take, male-female. Old
energies are transformed and new paths and
possibilities are cultivate and activate your
full potential



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