

# 6 NIGHTS DETOX & WEIGHT LOSS PROGRAM

Personalized Detox Wellness program with the supervision of our nutritionist Mireia Cervera. The program combines holistic treatments and the latest technology in order to purify the body from the inside out.

The program includes per person:

- 3 Bioline Body Treatment
- 1 personalized one on one yoga or pilates session
- 2 Icoone Body Treatment
- 2 Personal Training
- 6 High Tech treatments (cryotherapy, hyperbaric oxygen chambre, PBM)
- 2 Nutritionist Service
- Access to the thermal area (jacuzzi, sauna, hammam, swimming pool)
- Access to relaxation area with a selection of teas and healthy snacks
- Access to the GYM 24 hours
- 6 Special Detox Wellness Menu - Lunch and dinner
- 6 Nights' Accommodation
- Transfers Barcelona Airport – Hotel – Barcelona Airport

	Low Season	Mid Season	High Season
Superior Room	€3582	€3912	€4332
Camiral Suite	€5196	€5856	€6516

