

Vilnius Grand Resort joins Healing Hotels of the World Wellbeing through the power of the healing human touch



The resort's lakeside location invites guests to immerse themselves in nature and feel its healing power.

03 July, 2023, Cologne, Germany -- Healing Hotels of the World is proud to announce that Vilnius Grand Resort has joined its network. The luxury lakeside resort in Lithuania offers a range of healing programs and experiences for guests seeking to restore their physical, mental and emotional well-being. The resort features 240 rooms and suites, some with stunning views of the lake. The overall feel is cozy and serene, with a mix of modern and more traditionally styled rooms, created with a palette of natural materials. The resort welcomes singles and families alike and has something on offer for everyone.

Vilnius Grand Resort is located in a peaceful countryside area, surrounded by forests and lakes. It is only 20 minutes away from the capital city of Vilnius, which is known for its UNESCO-listed Old Town, its vibrant art scene, and its diverse cuisine. The resort is easily accessible by car or by public transportation from the international airport.

There are two therapeutic centres at Vilnius Grand Resort: V SPA & Wellness Centre and Ariela Therapeutic Centre. V Spa & Wellness offers a wide range of traditional spa experiences designed to provide guests with a sense of well-being and relaxation. In addition, the resort offers a dedicated pool and water therapy area. Water therapies include water massages, indoor and outdoor jacuzzis, and even a tranquil tropical grotto, among other amenities. Guests seeking specialized examinations and treatments are welcome at the Ariela Therapeutic Center, which prioritizes the expertise of qualified specialists who conduct thorough examinations to better understand the guests' needs and offer a range of treatments, including physiotherapy and kinesiotherapy. Vilnius Grand Resort aims to help guests achieve a state of balance, harmony, and well-being through its healing programs and experiences. The resort offers a variety of healing packages that cater to different needs and goals, such as stress relief, detoxification, rejuvenation, weight management, and more.

Four restaurants with different culinary focuses, a beautiful pool complex and an 18-hole golf course are also available at the resort. Other activities include tennis, volleyball or basketball. The lake is perfect to enjoy various water activities such as boating, kayaking, fishing and swimming.

Anne Biging, Co-founder and CEO of Healing Hotels of the World says: "We are delighted to welcome Vilnius Grand Resort as a new member hotel and invite everyone to experience the healing human touch in Lithuania"

About Healing Hotels of the World

Healing Hotels of the World is the pioneering global brand committed to healing hospitality. Founded in 2006 by Anne Biging and Dr. Elisabeth Ixmeier, the member based collection of 90+ of the best Urban and Resort Healing Hotels around the world brings holistic healing travel based on specific Healing Excellence Standards to life. Member hotels are Healing Certified, ensuring that the wellbeing of each guest is taken to a deeper dimension through their holistic program offering. Healing Hotels of the World provides expert consulting and training, empowering hoteliers to fully embrace the healing guest experience. With the online magazine JUST BREATHE MAG and the yearly HEALING SUMMIT, the leading event for the healing hospitality and holistic lifestyle community, Healing Hotels of the World has found unique ways to express and share its vision of enabling travel guests to become whole in body, mind and soul.

www.healinghotelsoftheworld.com

Vilnius Grand Resort

<u>WEBSITE</u>

To find selected photo material accompanying this press release, please click here.

For further information, please contact: Kerstin Hauke, k.hauke@healing-hotels.com

Healing Hotels of the World 50672 Cologne Germany Phone: +49 221 20531175 www.healinghotelsoftheworld.com www.healingsummit.org

www.justbreathemag.com