



Vitaliter Season at Palazzo BelVedere

Embark on a Transformative Journey of Wellbeing



A unique opportunity to revitalize the body, harmonize the mind, and ignite the spirit at the first Hippocratic Spa.

12 March, 2024, Cologne, Germany -- Palazzo BelVedere proudly announces the return of the Vitaliter Season, offering guests an exclusive opportunity to embark on a transformative journey of well-being in the heart of Tuscany. Vitaliter Seasons at Palazzo BelVedere are not simple wellness retreats; they are unique opportunities to revitalize the body, harmonize the mind, and ignite the spirit. The next Vitaliter Season at Palazzo BelVedere commences on March 22nd and concludes on April 12th, with guests having the flexibility to arrive at their convenience and choose the duration of their stay.

Vitaliter Season is a time when the hospitality and services of a 5-star hotel are entirely dedicated to well-being, providing guests with the chance to experience the renowned Vitaliter programs. Unlike any other retreat, Vitaliter Seasons offer a broader range of activities coupled with special offers, making it the ideal choice for those seeking a comprehensive wellness experience.

Vitaliter embodies a unique concept that blends naturopathy, holistic practices, and wellness in retreats customizable from 3 to 21 days, meticulously designed to restore harmony between body and mind. Guided by wellness professionals, the Vitaliter programs aim to rebalance qualities and elements through a combination of treatments, massages, mindful meditations, movement, and calibrated nutrition, all set within the serene environment of Palazzo BelVedere.

"If you are looking to restore balance, increase self-awareness, receive personalized advice, and rediscover beauty within and around you, this is for you," says Anne Biging, CEO at Healing Hotels of the World.

The program and spa is based on the Hippocratic concept which states that if nourishment as well as physical and mental activity would be calibrated for each and every one of us, diseases could be avoided, which is related to Palazzo BelVedere's signature phrase: „What's right for you, in the right measure.“

To help guests choose the right program, Palazzo BelVedere offers complimentary 15-minute phone consultations with wellbeing operators who explain the details and benefits of each program, ensuring a tailored experience. The Vitaliter Season offers flexibility in duration, with programs ranging from a minimum of 3 days up to 21 days, allowing guests to immerse themselves in well-being at their own pace. For those wishing to extend their stay, bespoke solutions are readily available upon request.

Included in the program are luxurious accommodations at Palazzo BelVedere, elemental cuisine crafted to restore balance, personalized naturopathic consultations, holistic activities such as meditation and Pilates, as well as rejuvenating massages and treatments tailored to individual needs. Guests can look forward to a blend of individualized activities and group sessions including yoga, mindful walks, conferences, and more, ensuring a holistic approach to wellness throughout their stay.

Save the dates for the upcoming edition in June, scheduled from June 22nd to July 13th, 2024. For more information and reservations, visit <https://healinghotelsoftheworld.com/retreats/vitaliter-season/>.

About Healing Hotels of the World

Healing Hotels of the World is the pioneering global brand committed to healing hospitality. Founded in 2006 by Anne Biging and Dr. Elisabeth Ixmeier, the member based collection of 90+ of the best Urban and Resort Healing Hotels around the world brings holistic healing travel based on specific Healing Excellence Standards to life. Member hotels are Healing Certified, ensuring that the wellbeing of each guest is taken to a deeper dimension through their holistic program offering. Healing Hotels of the World provides expert consulting and training, empowering hoteliers to fully embrace the healing guest experience. With the online magazine JUST BREATHE MAG and the yearly HEALING SUMMIT, the leading event for the healing hospitality and holistic lifestyle community, Healing Hotels of the World has found unique ways to express and share its vision of enabling travel guests to become whole in body, mind and soul.

www.healinghotelsoftheworld.com

Palazzo BelVedere

[WEBSITE](#)

To find selected photo material accompanying this press release, please click [here](#).

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