

HEALING — SUMMIT

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HEALING SUMMIT 2024 - The Heart Retreat

Oct 31 - Nov 4, 2024

Participants will rediscover themselves through deep and powerful healing sessions



The exclusive retreat will be guided by world class teachers and practitioners.

08 May, 2024, Cologne, Germany -- “In the newly created The Heart Retreat, we do not just want to talk about healing but give an experience of healing – this is why we are moving from an educational Summit to an immersive Retreat to take a deep dive – into our hearts,” says Anne Biging, co-founder Healing Hotels of the World and the Healing Summit.

Healing Hotels of the World is behind the creation of the HEALING SUMMIT and now The Heart Retreat. The iconic hospitality brand with to date 85 member hotels, was founded 17 years ago and has been and still is a true pioneer in the world of wellness and healing, offering healing, transformative journeys.

The HEALING SUMMIT was initially inspired by the deep desire to establish a space where individuals and businesses meet to debate, discuss and learn from their collective wisdom about a holistic life with the aim to implement positive change personally and professionally.

And now the Heart Retreat.

“As the world navigates turbulent times, we have decided to create a space where we learn how to return to ourselves, be grounded and live from the heart. We firmly believe that if we are seeking change for the betterment of our life, the life of others and the planet, we must begin our own healing journey”, says co-founder Dr. Elisabeth Ixmeier.

The Heart Retreat will happen from Oct 31 - Nov 4, 2024. Renowned and experienced practitioners from all over the world will lead the participants into deep, powerful and carefully crafted healing sessions, including meditation, yoga, contemplation, and more. There will be the opportunity to engage in profound dialogue with the teachers, share with like-minded people, and hear from inspirational authors and leaders.

“Coming together in a community with the goal of waking up to our inner heart, reaching deeply into the contentment of our inner being and finding peace, is my wish for everyone who will be there”, says Anne Biging. She and Elisabeth promise that, at the conclusion of three days, participants will feel uplifted and renewed with a sense of balance and clarity and the tools to live a happy life, which includes care of others and the planet.

WHERE EVERYTHING WILL HAPPEN

The retreat will take place at the Broughton Sanctuary in the beautiful Yorkshire region. At this very special Healing Hotel of the World property participants can enjoy numerous ways to engage with nature, exercise, receive treatments at their state-of-the-art wellbeing center, and relax in a hydro-massage pool, sauna or steam room. They will have time to engage in uplifting get-togethers with old and new friends at any of the incredible locations that exist throughout the Sanctuary.

[Learn more about Broughton Sanctuary.](#)

TEACHERS & SPEAKERS

The teachers and speakers for the retreat come from various parts of life, including economics, naturopathy, mindfulness, healing arts and more and include amongst others Paul Polman, Marta Hobs, Velleda Dobrowolny, David Behrens and Vanessa Paige.

[Click here for full list and bios.](#)

RETREAT DATES

The 4-night retreat includes full board, beginning with a welcome dinner on Thursday, Oct. 31, followed by three days of intense healing practices, concluding with breakfast on Monday, Nov. 4.

HOW TO BOOK

Accommodation for 4 nights will full board range from GBP 1000 to 2300. Broughton Sanctuary offers a huge variety of accommodations. From living in a castle to traditional stone houses in nature: live in a traditional 700-year-old English Estate that offers at the same time state-of-art facilities. Because of the size of the venue, we are able to host max

50 guests -

<https://www.avalonwellbeing.com/upcoming-retreats/the-healing-summit-2024/>

The HEALING SUMMIT ticket is EURO 1500,00 and has to be booked separately -

<https://healingsummit.org/registration-2024/>

About HEALING SUMMIT

Since its launch in 2014, the global HEALING SUMMIT has turned into a space for reflection, reconnection, and renewal. Every year, forward-thinking pioneers from across industries come together to share experiences and perspectives on what makes a healing world. The HEALING SUMMIT is an initiative of Healing Hotels of the World. It serves as a platform for professionals striving for a holistic approach to life and business, with the aim to create a global community dedicated to doing good. The HEALING SUMMIT is “Healing in Action”— supporting collaboration, raising awareness, and inspiring change.

www.healingsummit.org

About Healing Hotels of the World

The HEALING SUMMIT is organized by Healing hotels of the World. Healing Hotels of the World is the pioneering global brand committed to healing hospitality. Founded in 2006 by Anne Biging and Dr. Elisabeth Ixmeier, the two collections of Urban and Resort Healing Hotels around the world bring holistic healing travel based on specific Healing Excellence Standards to life.

www.healinghotelsoftheworld.com

To find selected photo material accompanying this press release, please click [here](#).

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