



**Cala Luna joins Healing Hotels of the World**  
*Healing through harmony, in the heart of Costa Rica.*



*Costa Rica's Cala Luna offers soul-centered hospitality and nature-inspired wellbeing.*

**May 16, 2025, Cologne, Germany** -- Healing Hotels of the World is proud to welcome Cala Luna Boutique Hotel & Villas, located on the shores of Playa Langosta in Costa Rica, to its curated portfolio of holistic wellness destinations. Cala Luna joins the global collection as a sanctuary where nature, intention, and mindful hospitality converge to offer transformational guest experiences.

Rooted in regenerative living and spiritual consciousness, Cala Luna Boutique Hotel & Villas, alongside its sister property La Senda, has long been a beacon for travelers seeking immersive well-being. Its philosophy of harmonious living mirrors Healing Hotels of the World's mission to guide guests toward meaningful and authentic healing journeys.

Karla Lucke, Marketing & Sales Manager at Cala Luna shared: "We are thrilled to join Healing Hotels of the World, a community united by a commitment to purposeful hospitality and authentic well-being. At Cala Luna and La Senda, we believe true luxury embodies simplicity, connection, and harmony with nature. This partnership allows us to deepen our mission of providing spaces where guests can reconnect with themselves and the Earth in profound and lasting ways. Healing is not merely a service we offer — it's a way of living."

Cala Luna's health and well-being offerings are thoughtfully curated to support guests on their journey to holistic healing. The property features daily yoga and meditation sessions, integrative spa therapies using natural and local ingredients, sound healing, breathwork, and access to a private labyrinth and spiritual programs. Emphasizing emotional and energetic balance, these experiences invite guests to reconnect with their true selves while drawing on the healing power of the Costa Rican landscape.

Dr. Elisabeth Ixmeier, Co-Founder of Healing Hotels of the World, expressed her enthusiasm for the partnership: "We are honored to welcome Cala Luna into our global

community of healing destinations. Their deep-rooted philosophy of conscious hospitality and their commitment to the natural world resonate powerfully with our vision. Cala Luna inspires a new paradigm of luxury; one defined by presence, intention, and a genuine reverence for life.”

Inspired by Costa Rica’s abundant biodiversity, Cala Luna’s design integrates the indoors with the outdoors. Earth-toned architecture, open-air spaces, and lush gardens are designed to promote a sense of grounding and connection. Each villa and suite is surrounded by native vegetation and natural light, reinforcing the property’s commitment to eco-conscious design.

Sustainability is the cornerstone of Cala Luna’s operations. From farm-to-table organic cuisine sourced from its own regenerative farm, to solar power integration, plastic-free initiatives, and community-based wellness programs, the hotel exemplifies a holistic model for living in harmony with nature. Guests are invited to participate in mindful rituals, and immersive experiences in nearby forests and beaches, all curated to foster inner balance and ecological awareness.

#### **About Healing Hotels of the World**

Healing Hotels of the World is the pioneering global brand committed to healing hospitality. Founded in 2006 by Anne Biging and Dr. Elisabeth Ixmeier, the two collections of Urban and Resort Healing Hotels around the world bring holistic healing travel based on specific Healing Excellence Standards to life. Member hotels are Healing Certified, ensuring that the wellbeing of each guest is taken to a deeper dimension through their holistic program offering. Healing Hotels of the World provides expert consulting and training, empowering hoteliers to fully embrace the healing guest experience. With the online magazine JUST BREATHE MAG and the yearly HEALING SUMMIT, the leading event for the healing hospitality and holistic lifestyle community, Healing Hotels of the World has found unique ways to express and share its vision of enabling travel guests to become whole in body, mind and soul.

[www.healinghotelsoftheworld.com](http://www.healinghotelsoftheworld.com)

#### **About Cala Luna, Costa Rica**

Located on Costa Rica’s Pacific coast, Cala Luna Boutique Hotel & Villas offers a retreat into natural luxury and mindful living. Paired with La Senda, its affiliated wellness sanctuary, Cala Luna provides immersive programs in yoga, holistic healing, organic nutrition, and spiritual exploration. With a strong emphasis on sustainability and community, Cala Luna embodies Costa Rica’s pura vida spirit; welcoming guests into a life of balance and renewal.

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