



**Palasiet Wellness Clinic & Thalasso joins Healing Hotels of the World**  
*An Immersive Seaside Approach to Health and Longevity*



*Where thalassotherapy and integrative health converge to support longevity, resilience and balance.*

**February 4, 2026, Cologne, Germany / Benicàssim, Spain** -- Healing Hotels of the World is pleased to welcome Palasiet Wellness Clinic & Thalasso to its curated international collection of leading wellness destinations. Located on Spain's Costa del Azahar, Palasiet brings decades of expertise in thalassotherapy, integrative health and personalised wellbeing programmes to the global Healing Hotels portfolio.

With more than 50 years of experience, Palasiet is recognised as a pioneer of thalassotherapy in Spain. Its approach to health and longevity is grounded in the therapeutic benefits of seawater and supported by medical expertise, nutrition, movement and lifestyle medicine. Each programme is individually designed to support resilience, balance and long-term vitality.

“We are proud to join Healing Hotels of the World. This membership reflects our commitment to offering each guest comprehensive wellness programs, innovative treatments, and experiences that nurture the body, mind, and spirit in a unique Mediterranean and luxurious seaside setting,” says Joaquín Farnos, CEO of Palasiet Wellness Clinic & Thalasso.

Set directly by the Mediterranean Sea, Palasiet offers an immersive coastal environment where natural elements play a central role in the healing process. Guests have access to biomarine thalassotherapy circuits, hydrotherapy pools, expert-led wellness consultations and personalised health journeys. Programmes range from stress management and detoxification to preventive health, recovery and longevity-focused lifestyle optimisation.

The addition of Palasiet further strengthens Healing Hotels of the World's commitment to authentic, evidence-informed wellness experiences, uniting destinations that place expertise, integrity and personalised care at the centre of the guest journey.

#### **About Healing Hotels of the World**

Healing Hotels of the World is the pioneering global brand committed to healing hospitality. Founded in 2006 by Anne Biging and Dr. Elisabeth Ixmeier, the two collections of Urban and Resort Healing Hotels around the world bring holistic healing travel based on specific Healing Excellence Standards to life. Member hotels are Healing Certified, ensuring that the wellbeing of each guest is taken to a deeper dimension through their holistic program offering. Healing Hotels of the World provides expert consulting and training, empowering hoteliers to fully embrace the healing guest experience. With the online magazine JUST BREATHE MAG and the yearly HEALING SUMMIT, the leading event for the healing hospitality and holistic lifestyle community, Healing Hotels of the World has found unique ways to express and share its vision of enabling travel guests to become whole in body, mind and soul.

[www.healinghotelsoftheworld.com](http://www.healinghotelsoftheworld.com)

#### **Palasiet Wellness Clinic & Thalasso, Spain**

Palasiet Wellness Clinic & Thalasso is located in Benicàssim on Spain's Costa del Azahar, overlooking the Mediterranean Sea and surrounded by protected natural landscapes. Founded in the 1970s, Palasiet has evolved into one of Southern Europe's most established centres for thalassotherapy and integrative wellbeing. Its multidisciplinary team of physicians, therapists and wellness specialists works closely with guests to create personalised health journeys. Complementing its therapeutic approach, Palasiet places strong emphasis on Mediterranean nutrition, seasonal cuisine and sustainable lifestyle practices, offering an environment designed for meaningful, long-term transformation.

[WEBSITE](#)

For image material, please visit our [image library](#).

For further information, please contact: Elisabeth Ixmeier, [e.ixmeier@healing-hotels.com](mailto:e.ixmeier@healing-hotels.com)

Healing Hotels of the World

Cologne, Germany

Phone: +49 221 20531175

[www.healinghotelsoftheworld.com](http://www.healinghotelsoftheworld.com)