



## Holina Healing Center joins Healing Hotels of the World

*A New Model of Healing Where Clinical Depth Meets Holistic Restoration*



*Redefining Recovery Through a Thoughtful Balance of Medical Expertise and Holistic Practice*

**March 25, 2026, Germany / Thailand**-- Healing Hotels of the World welcomes Holina Healing Center in Khao Yai, Thailand, into its curated global portfolio of transformational retreats and hotels, marking the addition of a center that reflects a new model of healing where clinical depth meets holistic restoration.

Set within a lush riverside landscape on the edge of Khao Yai National Park, Holina Healing Center offers an intimate and highly personalized approach to care. The center specializes in trauma recovery, chronic pain, burnout, and emotional exhaustion through structured residential programs designed for deep and lasting restoration.

At the core of Holina's philosophy is the integration of evidence based medicine with nervous system focused therapies. Guests are supported by an interdisciplinary team combining Western clinical approaches with Eastern healing traditions in a setting defined by attentiveness and care.

Programs are fully residential, with a minimum stay of 14 days, allowing the time and continuity needed for meaningful recovery. Each journey integrates medical assessment, personalized nutrition, movement therapies, mindfulness practices, and advanced treatments including hyperbaric oxygen therapy and polyvagal informed care.

With a limited number of private rooms and a strong emphasis on one to one support, the experience remains intentionally intimate. Surrounded by forest and river, the natural environment plays a vital role, offering stillness and a sense of safety that supports the healing process.

"Holina represents a new paradigm of healing where clinical depth and human understanding come together in a truly transformative way. It is a powerful addition to

our collection, reflecting our commitment to places that support meaningful and lasting change.” – Anne Biging, Co Founder, Healing Hotels of the World

“Our inclusion in Healing Hotels of the World reflects the standard of care we uphold at Holina Healing an integrated model that blends medical excellence with holistic wisdom. This partnership allows us to amplify our work and contribute meaningfully to the global evolution of healing centered hospitality. We are proud to align with an organization dedicated to authentic, sustainable wellbeing.” – Ian Young, Founder and CEO, Holina Global

By joining Healing Hotels of the World, Holina Healing Center becomes part of a global movement dedicated to integrative wellbeing, offering a structured path toward lasting health and renewal.

#### **About Healing Hotels of the World**

Healing Hotels of the World is the pioneering global brand committed to healing hospitality. Founded in 2006 by Anne Biging and Dr. Elisabeth Ixmeier, the two collections of Urban and Resort Healing Hotels around the world bring holistic healing travel based on specific Healing Excellence Standards to life. Member hotels are Healing Certified, ensuring that the wellbeing of each guest is taken to a deeper dimension through their holistic program offering. Healing Hotels of the World provides expert consulting and training, empowering hoteliers to fully embrace the healing guest experience. With the online magazine JUST BREATHE MAG and the yearly HEALING SUMMIT, the leading event for the healing hospitality and holistic lifestyle community, Healing Hotels of the World has found unique ways to express and share its vision of enabling travel guests to become whole in body, mind and soul.

[www.healinghotelsoftheworld.com](http://www.healinghotelsoftheworld.com)

#### **Holina Healing Center, Thailand**

Holina Healing Center is located in Khao Yai, Thailand, approximately two and a half hours from Bangkok. The center offers a limited number of private rooms and fully residential programs with a minimum stay of 14 days. Facilities include clinical treatment rooms, movement and therapy spaces, and advanced medical technologies such as hyperbaric oxygen therapy, all set within a quiet natural landscape.

[WEBSITE](#)

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